INTRODUCING BIRDIE BOWLS

Only at Birdie Bistro for Taste the Gables!
This summer, we're serving sunshine in a bowl—
bold flavors, fresh ingredients, and island vibes, all
for just \$15 including a soft drink from 11 AM to 2 PM



MONDAY – CARIBBEAN KICKOFF BOWL

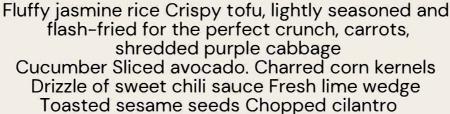


Jerk Chicken | Jasmine Rice | Roasted Seasonal Vegetables Topped with a drizzle BB sauce pineapple salsa, for that tropical fire.

TUESDAY – SOUTHERN COMFORT BOWL

Homestyle Meatloaf | Garlic Mashed Potatoes | Buttered Green Beans Served with gravy





THURSDAY – SOUTHERN BIRD BOWL

Buttermilk Fried Chicken | Braised Collards mac & cheese
Drizzled with spicy honey and fresh herbs.

FRIDAY – SOUTHWEST BOWL (VEGAN)

Chipotle Black Beans | Brown Rice | Grilled Corn | Avocado | Cherry Tomatoes | Shredded Romaine Topped with lime-cilantro crema (vegan) and tortilla crisps for crunch and kick.

Coconut Curry Lentils | Jasmine Rice | | Carrots |
Fresh Herbs
Served with pineapple salsa and plantain chips.



